

# Cardiovascular History

## Common Presenting Complaints

Elicit onset, location, quality, duration, affecting factors, assoc symptoms for each.

*Commonly:*

- Chest pain
- Dyspnoea - exertional, at rest, orthopnoea, PND
- Ankle swelling
- Palpitations
- Syncope, pre-syncope, or dizziness
- Fatigue
- Intermittent claudication

## Specific Risk Factors

*IHD:*

- Previous Hx of IHD/PVD/CVA
- Big 5: ↑Cholesterol, smoking, HT, DM, FHx
- Others: Male, >55y, Obesity, ↑homocysteine, renal failure

## Past Medical History

Prev IHD, coronary surgery, stents

RhF, STD, recent dental work, thyroid disease

Medications

## Family History

MI, cardiomyopathy, congenital heart disease, MVP, Marfan's

## Social History

Smoking, EtOH, IVDA

Occupation

Exercise tolerance - stairs at home

## Other

*NYHA Class:*

- I - asymptomatic disease, or only symptoms (SOB, CP) on intense activity
- II - symptoms on ordinary activity
- III - symptoms on less than ordinary activity
- IV - symptoms at rest