

Features

- Uncommon: 3-5% of shoulder girdle injuries, <1% all #
- Requires high energy trauma e.g. MVA
- Imaging: XR - 3 views - AP/True lat/axillary. CT for evaluation of a glenoid #

Classification

- Body # - most common
- Superolat angle #, including the neck and glenoid
- Apophysis #, including the coracoid and acromion - least common

Management

Broad arm sling

Analgesia

Physio/mobility exercises

Treat other injuries

OT for sig displaced acromion or coracoid # or intra-articular glenoid #

Complications

Associated injuries

- Common - 35-98% of cases - reflects the high energy to fracture the scapula
- Skeletal - shoulder disloc, clavicle #, rib #s
- Pulmonary - PTX or contusion
- Brachial plexus or axillary artery injury
- Head/neck injuries